

Eidgenössische Technische Hochschule Zürich Swiss Federal Institute of Technology Zurich

# Mouse models of human (nervous system) disease

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Block Course BME342 Functional Neuroanatomy, Wed 19.10.2016

#### Outline

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  - ethical considerations, 3Rs principle
- Mouse models of nervous system disease
  - techniques to create mouse models
  - diseases modeled in mice

- Behavioral tests for mice
  - overview of tests
  - disease-typical behavioral changes
- Problems and developments
  - failure of translation, reproducibility crisis
  - endophenotypes, optogenetics, homecage systems
- Examples of behavioral tests
  - rotarod, light-dark transition, elevated O-maze, spontaneous T-maze alternation
  - 8-arm radial maze, IntelliCage

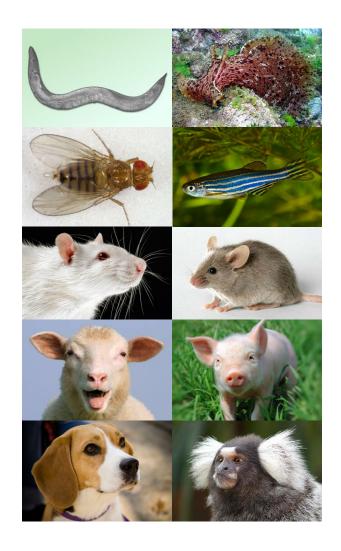
#### Purpose and validity of disease models

- *Models, what for and why?* 
  - understand (normal function and) disease mechanisms and pathogenesis
  - develop disease prevention, diagnostics, therapy: translation bench to bedside
  - reductionistic approach: simple question, optimal experimental design, maximal control of conditions
  - analyses and experimental manipulations that are technically or ethically impossible in humans
- Levels of analysis and methods
  - cellular-molecular, tissue-organ, system-organism
  - genetics, biochemistry, omics
  - morphology, physiology, imaging
  - clinical symptoms, behavior, survival
- Types of models
  - cell, tissue, organ culture
  - induced pluripotent stem cells and organoids
  - animal models: vertebrate and invertebrate
  - simulation: mathematical and computer models, robotics

- *Model validity* 
  - construct validity: model reproduces disease mechanism and important aspects of pathogenesis
  - face validity: model reproduces clinical disease symptoms that are observed in human patients
  - predictive validity: model responds to therapeutic intervention in the same way as human patients
- Ethical considerations, 3Rs principle
  - Use of vertebrae models is regulated, requires a license and needs ethical justification: expected benefit for patients (human or animal) > harm to experimental animals (Güterabwägung)
  - *Replace: avoid using animals whenever possible, use simplest species possible*
  - *Refine: minimize pain, suffering, distress or lasting harm improve animal welfare: optimal methods and well trained experimenters*
  - *Reduce: smallest possible (but sufficient!) number of test animals (definition of relevant effect size, power calculation, optimized experimental design)*

## Animal model species

- Invertebrates
  - Caenorhabditis elegans: small, very simple nervous system (synaptic and circuit plasticity, neurodevelopment, aging research)
  - Aplysia californica: simple and large nervous system (synaptic and circuit plasticity, mechanisms of learning and memory)
  - Drosophila melanogaster: small, elaborate behavioral repertoire, powerful genetic tools (circuit analysis, disease genetics, e.g. alcohol abuse)
- Vertebrates
  - zebrafish: small strongly visual and social vertebrate (increasingly important as model of nervous system disease and neurodevelopment)
  - rat: similar to humans, rapidly reproducing, easy to handle, brain larger than in mouse (classical model animal in experimental psychology, lesion studies)
  - mouse: similar to human, strain diversity, efficient tools for genetic manipulation (mouse models for virtually all types of human disease)
  - sheep & pig: comparable to humans in size and weight (osteoarthritis, experimental heart surgery)
  - dog: developed social cognition, breed diversity (cognitive research, behavior genetics, disease genetics)
  - primates: brain and immune system most similar to humans (infectious disease, higher cognitive function)



#### Techniques to create mouse models

- Forward genetics: phenotype to gene
  - selective breeding: comparison of classical lab strains (fancy mice), association studies based on crosses of lab strains, ad hoc selective breeding
  - random chemical mutagenesis: selection of relevant phenotypes to identify responsible genes
- *Reverse genetics: gene to phenotype* 
  - random insertion transgene: gain of function, dominant negative, expression of Cre-recombinase to activate conditional alleles
  - targeted mutagenesis by homologous recombination in ES cells: constitutive knockout (null mutation) or knockin (e.g. point mutation), conditional ("floxed") alleles to be activated by Cre-recombinase
  - Gene editing using CRISPR/Cas9: rapidly developing technique suitable for all species including humans
  - viral vectors for gene delivery: adenovirus (not integrating), retrovirus (integrating), rabies (circuit tracing)

- Non-genetic models
  - trauma, mechanical or chemical lesion, irradiation
  - *substance application: pharmacology, toxicology*
  - environmental manipulation: enrichment, acute or chronic (unpredictable) stress, social stress
  - infection and immune challenge: models of infectious and autoimmune disease (e.g. EAE = experimental autoimmune encephalitis as model of multiple sclerosis), immune challenge during pregnancy as model of neurodevelopmental disorder
- Combined models
  - dual hit models for gene x environment interactions: disease associated mutations + environmental enrichment, stress or developmental challenge
  - testing of drugs or treatments in disease models
  - pharmacologically controllable mutations (doxycycline, tamoxifen)
  - chemogenetic models using DREADDs (designer receptors exclusively activated by designer drugs)

- Neurological disease
  - Stroke: medial cerebral artery occlusion (MCAO), multiple sclerosis: EAE
  - Huntington's (monogenic disease, loss of striatum neurons): R6 mice express human mutant huntingtin as transgene driven by human huntingtin promoter
  - Parkinson's (mostly sporadic, loss of dopamine neurons, aggregation of αSyn may be mechanism): αSyn, A53T αSyn transgenic mice, DA-neuron destruction by MPTP or 6-OHDA
  - ALS (amyotrophic lateral sclerosis, loss of motor neurons, mostly sporadic, 40 associated genes): mice with ALS-linked mutations (SOD1G93A transgenic, C9orf72 BAC, UBQLN2P497H transgenic mice)

#### • Dementia

- Alzheimers disease (mostly sporadic): expression of human mutant genes as transgene, alone (PDAPP, TG2576, APP23, TgCRND8, J20), with mutant PS1 and/or TAU (APP/PS1, 5xFAD, 3xTg-AD).
- Frontotemporal dementia (FTD) linked to ALS

- Intellectual disability
  - Down syndrome: mouse orthologs of human chromosome 21 genes distributed on mouse chromosomes 10-16-17 → subsets expressed as transgenes (Ts65Dn mouse, BAC transgenics)
  - single gene mutations (syndromic or non-syndromic): KO of ortholog mouse gene (Rsk2/Coffin-Lowry syndrome, NONO, Gdi1, αPix/Arhgef6)
- Learning disability
  - ADHD (attention deficit hyperactivity disorder, high heritability, risk genes are many, have small effects and act in combination, diagnosis based on clinics/behavior): genetic (DAT-KO, mouse expressing DAT Val559 variant) manipulations leading to hyperactivity, pharmacological models: stimulants, drugs modifying serotonin transmission
  - Dyslexia (high heritability, many risk genes): mice with mutated orthologs of risk genes (Dcdc2-KO, Dyx1c1-KO, Cntnap2-KO)

#### • Schizophrenia

- high heritability, many risk genes with small effect
- diagnosis based on behavior/symptoms (DSM-5)
- genetic models: mutation or KO of risk genes (Shank3, DISC1 = disrupted-in-schizophrenia-1, neuregulin-1, calcineurin), genetically induced transmitter imbalance (NR1neo mouse, D2R transgenic mouse)
- neonatal ventral hippocampal lesion, dual hit models (e.g. complexin2-KO x brain trauma), pharmacological models
- Autism spectrum disorder
  - high heritability, many risk genes with small effect that are often shared with schizophrenia
  - diagnosis based on behavior/symptoms (DSM-5): deficient social communication, repetitive behavior
  - Fragile X syndrome (lack of FMRP, autism, intellectual disability, other deficits): Fmr1-KO mouse
  - other genetic models: mutation or KO of risk genes (neuroligin-1,3,4; shank-1,2,3, neurexin-1)

- Mood disorders
  - heritability less than schizophrenia, little knowledge about risk genes, poorly understood relation to stress and adverse life events
  - diagnosis based on behavior/symptoms (DSM-5)
  - major depression: traditional "models" based on predictive validity (forced swim / tail suspension test, learned helplessness), stress-based models (chronic unpredictable stress, social defeat stress), olfactory bulbectomy, forward genetic models
  - *bipolar disorder (mania ↔ depressive episodes): no true model, manipulations leading to hyperactivity*
  - anxiety disorders (phobia, posttraumatic stress disorder, panic disorder): see lecture Sophie Masneuf
- Substance abuse
  - alcohol, nicotine, opiates, stimulants
  - models based on substance exposure: mice get addicted in ways similar to humans
  - forward genetic models to identify genes & mechanisms of resilience and susceptibility

### Behavioral tests for mice

- Spontaneous behavior
  - appearance, posture and general health
  - species-typical behaviors: nest-building, burrowing, spontaneous T-maze alternation
- Sensory-motor function
  - hotplate / tail-flick test, shock reactivity, van Frey filaments, acoustic startle, pre-pulse inhibition, optokinetic reflex, vestibulo-ocular reflex, visual cliff test, optomotor drum, visual discrimination tests, chocolate search task, odor and taste discrimination
  - rotarod, beam walking, grip test, reaching tasks
  - water-maze cue navigation: sensory and motor control test for water-maze place navigation task
- Ingestive behaviors
  - metabolic cages, home cage systems
- *Exploration, anxiety and fear* 
  - open field, light-dark transition, plus and O-maze, Vogel conflict test, novelty suppressed feeding
  - fear learning, fear extinction

- *Learning and cognitive function* 
  - spatial learning: water-maze place navigation; dry mazes: radial-maze, T-maze, Hebb-William-maze
  - associative learning: cued / contextual / trace fear (Pavlovian) conditioning, operant conditioning
  - executive function: 5-choice serial reaction time task (motor impulsivity, attention), delay discounting tasks (choice control, cognitive impulsivity)
  - visual discrimination: touchscreen learning
- Motivation, reward
  - operant conditioning, drug self administration
  - *choice / preference tests, progressive ratio schedule, cognitive bias (ambiguous cues), gambling task*
- Social and reproductive behavior
  - 3-chamber test: sociability, social memory
  - resident intruder test: male (and female) aggression, tube dominance test
  - sexual and maternal behavior, pup retrieval test
  - ultrasonic vocalizations in pups and adult males

## Overlapping! behavioral profiles of nervous system disease models

- Selection of tests
  - *individual test results depend on multiple factors, converging evidence from multiple tests needed*
  - design of test batteries: presence and absence of changes equally important to demonstrate specificity
- Dementia & intellectual disability
  - similar behavioral profile, different time course
  - deficits in tests of learning & executive function, focus on hippocampus-dependent tests (long- and shortterm spatial memory, contextual memory)
  - impaired species-typical and exploratory behaviors
- Schizophrenia
  - positive symptoms: hyperactivity
  - negative symptoms: anhedonia, social withdrawal
  - cognitive symptoms: specific working memory deficit, motor impulsivity, attentional deficits
  - impaired prepulse inhibition of acoustic startle
  - behavioral response to neuroleptic drug: additional criterion, alone not sufficient

- Autism
  - social symptoms: social neglect in 3-chamber test, reduced ultrasonic vocalization
  - repetitive behavior & restricted interests: impaired reversal learning, stereotyped self grooming
- Depression
  - psychological symptoms: reduced activity and exploration, anhedonia, cognitive bias (negative interpretation of ambiguous cues), anxiety
  - social symptoms: social withdrawal, low sex drive
  - physical symptoms: disturbed sleep or food intake
  - *improvement by (chronic!) antidepressant drug: additional criterion, alone not sufficient*
- Bipolar disorder
  - hyperactivity alone does not make a manic mouse
  - long-term fluctuations of motivation, activity and sleep: behavioral monitoring in the homecage?
  - improvement of phenotype by chronic lithium

- *Problems disappointed public* 
  - "translation crisis": translation less successful in neuroscience than in other domains (e.g. cancer)
  - "reproducibility crisis": 10% success in reproducing experimental results (not only in neuroscience)
  - scientists promise too much and make too many mistakes (like politicians)
- Common mistakes
  - mice are not small humans: overly simplistic and anthropocentric interpretation of behavior, false face validity of models – mice are not small rats either
  - overemphasis of predictive validity of models
  - flawed study design: insufficient power, environmental bias, bias by genetic background
  - pressure to succeed  $\rightarrow$  biased / selective observation
  - inappropriate use and interpretation of statistics: multiple testing, inflated N, misinterpretation of pvalues (misjudgment of negative / positive predictive validity)

- Endophenotypes
  - emphasis moved from system to circuit/organ level: bridge between construct and face validity, more similarity between mice and human patients
  - electrophysiology, EEG, prepulse inhibitionimaging, neurochemistry
- Optogenetics
  - expression of optical calcium sensors
  - expression of artificial genes that render particular types neurons responsive to light, used for silencing or stimulation
  - integration of cellular, circuit and behavioral analysis
- Behavioral testing in the home cage
  - higher throughput, continuous long-term observation
  - *improves animal welfare: familiar (and social) environment, no handling by humans*
  - more standardization, less impact of lab environment
  - test development and validation still in progress

#### Rotarod

- Apparatus and Procedure
  - elevated rotating rod / drum with accelerating rotation speed (0-40 RPM over 5 min)
  - *mice avoid falling off by walking synchronously with rotating rod, sometimes grab the rod and rotate with it*
- Measures
  - time to fall off / speed when falling off
  - time to rotate / speed at first rotation
- Interpretation
  - measures motor coordination, to lesser degree muscle force. Improvement over time can be used as measure of motor skill learning.
  - confounds: motivational changes, body weight changes (lighter mice are better), differences in diameter, surface and material of rod



## Light-dark transition test

- Apparatus and Procedure
  - dark and brightly illuminated chamber connected by small opening. Conflict between light avoidance and exploratory drive, forced exploration test
  - spontaneous behavior observed
- Measures
  - time in dark
  - number of transitions, distance traveled
  - risk assessment postures, rearing / leaning, grooming
- Interpretation
  - *dark time: anxiety decreased by anxiolytic drugs* (*classical test for drug screening*)
  - rearing, leaning: exploratory drive
  - confounds: blindness, altered activity, freezing in brightly illuminated chamber



## **Elevated O-maze**

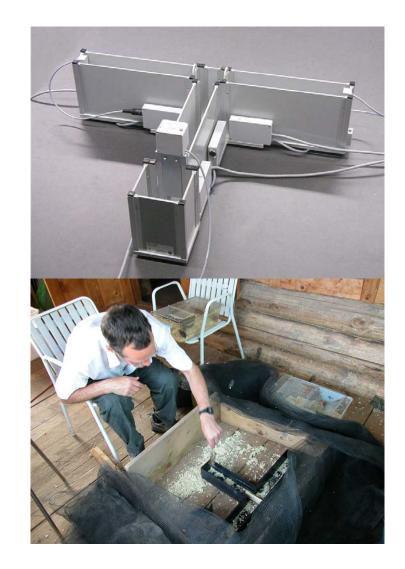
- Apparatus and Procedure
  - elevated circular runway, 2 90° sectors protected by sidewalls, 2 90° sectors open
  - elevated plus maze: original cross-shaped configuration with central platform and corners to retract to
  - spontaneous behavior observed
- Measures
  - % time in open/closed sectors, % entries to open sectors, number of entries to closed sectors, total distance moved
  - free and protected (with body between sidewalls) head dips, risk assessment postures (stretch attend & retract)
- Interpretation
  - open sector time: anxiety increased by anxiolytic drugs (classical test for drug screening)
  - closed sector entries, distance moved: activity
  - head dips: measure of exploration
  - confounds: inactivity, freezing on open sectors, stereotyped head dipping



## Spontaneous T-maze alternation

#### • Apparatus and Procedure

- T-shaped corridor with doors
- sample trial with confinement to chosen arm after choice, free choice trial after short delay
- variant: continuous free running in an Y-maze
- not to be confounded with rewarded T-maze tasks assessing discrimination, spatial or habit learning
- Measures
  - rate of alternation over repeated trial pairs
  - choice latency
- Interpretation
  - alternation depends on exploratory drive and spatial working memory
  - highly sensitive to hippocampal lesions
  - confounds: altered activity, loss of motivation

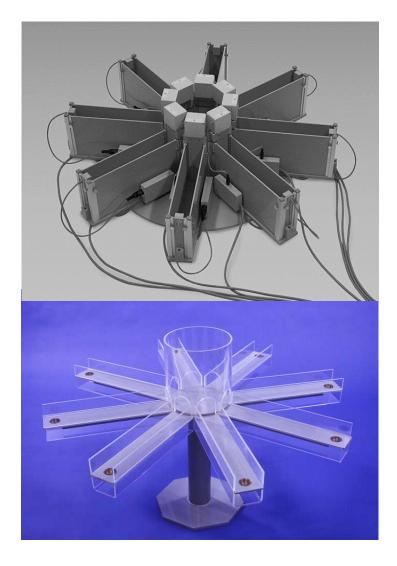


### Radial-maze

- Apparatus and Procedure
  - 8-arm maze, small invisible baits at end of all or part of the arms, salient distal room cues
  - food deprived mice (kept at 85% of normal body weight) collect baits, walking freely or confined to central platform between choices

#### • Measures

- working memory errors: reentry to emptied arm
- reference memory errors: entry to unbaited arm
- neglected and omitted baits, locomotor activity, choice patterns
- Interpretation
  - hippocampus-dependent spatial task, may differentiate between working and reference memory deficits
  - confounds: lack of motivation, motivation, reduced tolerance of food deprivation, use of local olfactory cues, stereotyped choice patterns



## IntelliCage

- Apparatus and Procedure
  - large home cage with 4 operant learning corners giving access to 2 drinking bottles each. Food available at libitum.
  - up to 16 RFID tagged mice can be tested per cage in a large variety of fully automated computer controlled protocols

#### • Measures

- individually recorded events: corner visits, nosepokes, licking
- ambient variables: light, temperature

#### • Interpretation

- depends on protocol / task: spontaneous behavior, hippocampusdependent learning, anxiety, motivation and anhedonia, impulsivity
- confounds: cheating by imitation in learning tasks, competition and fighting of male mice, corner hugging, poking with both ends of the body, two mice entering corner at the same time

